

Library News

February 2025

We made it through the first month of the year and what a busy one it was here for the Library Team. It was great to be able to showcase the [Lancashire Health Hub](#) throughout Health Information Week demonstrating to the public how they can access reliable and trustworthy health related information. Please remember to share this with your service users and their carers, with top tips on spotting fake information. February celebrates [LBGTQ+ History Month](#)—the Trust are holding several events throughout the month—[take a look here](#). We have a great selection of books, articles and current awareness bulletins to keep you informed about best practice related to eating disorders. Please take a look at [our catalogue](#) or email; academic.library@lscft.nhs.uk for any requests related to articles. This year Beat are asking people to share their stories or experiences of living with or supporting someone through an eating disorder. If you know anyone who may be interested, they can share their story here: [Beat](#). We hope to see you at our next Lunch and Learn on Wednesday 19th Feb—more details below or you can catch up with previous sessions on the Library Sharepoint page: [Library & Information Service - Home](#)

[Library & Information Service - Home](#)

Dates for your Diary:

World Cancer Day—4th Feb

Time to talk day—6th Feb

Eating Disorder Awareness Week—28th Feb—6th March (see a snippet from our collection below)



RESOURCE OF THE MONTH

MAUDSLEY PRESCRIBING GUIDELINES IN PSYCHIATRY

The Maudsley Prescribing Guidelines is the essential reference for the prescribing of drugs for patients with mental health disorders.

The e-book (also available to download as a PDF) provides up-to-date information, expert guidance on prescribing practice in mental health, including drug choice, treatment of adverse effects and how to augment or switch medications.

The text covers a wide range of topics including pharmacological interventions for schizophrenia, bipolar disorder, depression and anxiety, and many other less common conditions.

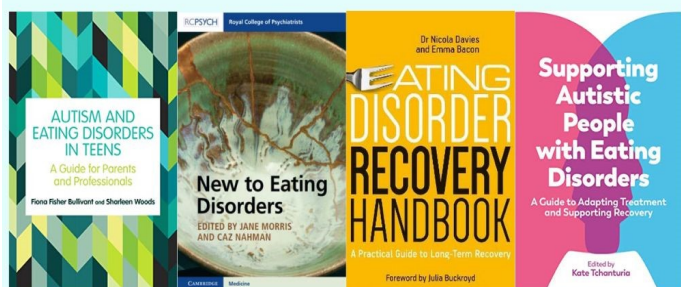
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How Do I?

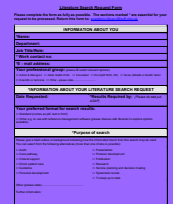
Request a literature search?

If you need evidence surrounding direct patient care, are planning some service developments, taking part in research or just want to keep up to date with current evidence then the Library can help.

Simply complete our form with and send it back to:

Academic.library@lscft.nhs.uk

We kindly request you allow us 2 weeks to complete the search.



SHARING KNOWLEDGE LUNCH AND LEARN WITH THE COMMUNITY ROOTS TEAM

Wednesday
19th February
12:15-1:15



Peer Facilitator
Role

WHO?

Lucy Cartledge and Suzie Smith will be leading the session from the Community Roots Team.

WHAT?

Learn more about the role of Peer Facilitators or 'Peer Support Workers' and how they use their own experiences of mental health challenges to support others. They will discuss how the role works within clinical practice and help to assist service users in their recovery goals.

HOW?

All library members will receive a Teams invite to attend the session. Email: katie.lope@lscft.nhs.uk if you would like a Teams invite to be extended to you, your colleagues or your department.

For any more information, support or queries regarding any resources in this newsletter please email:

Academic.library@lscft.nhs.uk

Opening Hours:

9:00am – 4:30pm Monday to Friday

Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW