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## Alcohol

### Articles

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# Making Every Contact Count

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## Reports

## Killer tactics: how tobacco, alcohol, and unhealthy food and drink industries hold back public health progress.

Alcohol Health Alliance (AHA); 2024.

<https://ahauk.org/wp-content/uploads/2024/08/Killer-Tactics-2024.pdf>

[Businesses are vital to the economy and can make an important contribution to health improvement. However, unhealthy product industries cause ill health and impede economic growth. This report draws on evidence to highlight some of the common strategies and tactics used by the tobacco, alcohol, and unhealthy food and drink industries to delay and disrupt policies that improve health, and outlines what needs to change. ]

*Freely available online*

## **Guidelines / Policies**

Preventing drug and alcohol deaths: partnership review process.

Office for Health Improvement and Disparities (OHID): 2024.

<https://www.gov.uk/government/publications/preventing-drug-and-alcohol-deaths-partnership-review-process>

[Guidance for local partnerships on how to review adult drug and alcohol related deaths and near-fatal overdoses to prevent future deaths. It will be of particular interest to people who commission and plan the strategic response to drugs and alcohol, including: directors of public health; combating drugs partnerships senior responsible officers; and partners in the commissioning and delivery of services for people who use drugs and alcohol, including voluntary and NHS services.]

*Freely available online*

**Systematic Reviews / Meta-Analyses**

## **Therapeutic alliance in the treatment of adolescent substance misuse: a systematic review. [Abstract]**

Sulaman J. *Child and Adolescent Mental Health* 2024;29(3):226-241.

#### **Check for full-text availability**

[Therapeutic alliance has been found to play an influential role in predicting outcomes for adults and adolescents in psychotherapy. However, thus far, the information concerning the impact of therapeutic alliance on outcomes for adolescents in treatment for substance misuse has not yet been critically synthesised.]

*Freely available online*



## Do health warning labels on alcohol packaging attract visual attention? A systematic review.

S Lacoste-Badie. *Public Health* 2024;236:184-192.

[Further investigations using eye-tracking are needed to collect additional evidence on attention devoted to AWLs. Meanwhile, we put forward implications for policymakers and future avenues for research based on our review of the existing literature.]

*Freely available online*

## Evidence-Based Summaries

**The role that alcohol or drug use can play in increasing the risk of suicide.**

Carried out by Frankie Marcelline from Sussex Health on 27/9/2024

<https://www.knowledgeshare.nhs.uk/index.php?PageID=literature search request download&RequestID=52844>

[This evidence search report aims to support a conference on suicide. This search focusses on the role that dependent or problematic patterns of alcohol and drug use, can play in increasing the risk of suicide. Results include a good number of very recent high-level studies on the risks of alcohol and drug use on suicide.]

*Available with an NHS OpenAthens password*

## The role of drug or alcohol use in self-harming behaviours.

Carried out by Frankie Marcelline from Sussex Health on 29/10/2024

[https://www.knowledgeshare.nhs.uk/index.php?PageID=literature\\_search\\_request\\_downloader&RequestID=53434](https://www.knowledgeshare.nhs.uk/index.php?PageID=literature_search_request_downloader&RequestID=53434)

[This evidence search report looks at the role of drug or alcohol use in self-harming behaviours. There are a good number of recent systematic reviews and meta-analyses on this subject.]

Available with an NHS OpenAthens password.

## Alcohol and interpersonal violence: new review estimates how many adults experience emotional violence from others' drinking

### The Mental Elf: 2024

<https://www.nationalelfservice.net/mental-health/substance-misuse/interpersonal-violence-alcohol-consumption/>

[Nora de Bode looks at the international prevalence of interpersonal violence due to others' alcohol consumption. This new review finds that in 2019, around 1 in 4 adults in Central Europe, Eastern Europe, and Central Asia, and 1 in 6 adults in high income regions, experienced emotional violence from others' drinking.]

*Freely available online*



Statistics

## Alcohol and drug misuse and treatment statistics.

Office for Health Improvement and Disparities (OHID); 2024.

<https://www.gov.uk/government/collections/alcohol-and-drug-misuse-and-treatment-statistics>

[Statistics to support improvements in decision making when planning alcohol and drug misuse treatment services. Change made: Added ‘Substance misuse treatment for adults: statistics 2023 to 2024’ and ‘Substance misuse treatment for young people: 2023 to 2024’]

*Freely available online*

Statistics on Public Health, England 2023

NHS Digital: 2024.

<https://digital.nhs.uk/data-and-information/publications/statistical/statistics-on-public-health/2023>

[This publication series presents or signposts to a range of information relating to a range of Public Health Statistics on Alcohol, Drug Misuse, Obesity, Physical Activity, Diet and Smoking.]

*Freely available online*

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