

Reports

[Covid-19 and the nation's mental health](#)

Covid-19 was an unprecedented global health emergency unlike anything else in living memory. While the pandemic's immediate impact was on physical health, it also had a profound impact on people's mental health. This report explores what is known about those impacts, and how they have affected mental health services in the UK, four years on from the start of the pandemic.

[The economic case for investing in women's health services revealed](#)

An additional £1 invested in obstetrics and gynaecology services per woman in England could generate an estimated £319 million return to the economy. This equates to a return on investment of £11 per woman in England for every additional £1 invested in obstetrics and gynaecology services, according to a new report by the NHS Confederation, Create Health Foundation and London Economics.

Guidance

[Prevent duty in healthcare: guidance and training for practitioners](#)

Guidance and training resources on the counter-terrorism Prevent duty for those working in healthcare.

Briefings

[Mental health and learning disabilities services: the role of the independent sector](#)

A look at the role and value of the independent sector in mental health and learning disabilities services, with examples of initiatives developed.

Studies

[Psychological and educational interventions for preventing falls in older people living in the community](#)

Older adults are at increased risk of both falls and fall-related injuries. Falls have multiple causes and many interventions exist to try and prevent them, including educational and psychological interventions. Educational interventions aim to increase older people's understanding of what they can do to prevent falls and psychological interventions can aim to improve confidence/motivation to engage in activities that may prevent falls. This review is an update of previous evidence to focus on educational and psychological interventions for falls prevention in community-dwelling older people.

Podcasts

[RCPsych Act Against Racism: tackling racism in the workplace \(RCPsych Congress 2024\)](#)

Following their presentation at the Royal College of Psychiatrists' International Congress 2024, Dr Rajesh Mohan, Dr Amrit Sachar and Dr Ananta Dave spoke with CPD eLearning's Podcast Editor, Dr Nadia Imran, to discuss the College's Act Against Racism guidance.

Blogs

[The NHS 10-year plan: an overdue opportunity to deliver personalised care plans](#)

When people experience long waits for their healthcare, their risk of anxiety, confusion, and depression is worsened by the uncertainty of waiting and being unaware of where they can find additional support.



News

[Is the NHS Health Check improving our population's health?](#)

This study found that the NHS Health Check is reducing cardiovascular diseases and improving prevention of other diseases through early detection and timely intervention. Researchers compared the health records of nearly 50,000 people who had an NHS Health Check, with a similar number, matched according to their health, who did not.

[Is long COVID linked with orthostatic intolerance?](#)

People with orthostatic intolerance may feel dizzy or weak when standing because of insufficient blood going to the brain and muscles. They may, as a result, have either a fast heartbeat or low blood pressure.

[One in eight toddlers and primary school aged children obese](#)

Around one in eight children aged between two and 10 in England are obese, an NHS survey published today found.

[NHS kicks off COVID and flu jabs to protect against 'triple-demic'](#)

The rollout of COVID and flu vaccines for older adults, care home residents and those with long term health conditions kicks off today (Thursday 3 October) as the NHS drive to protect against a 'triple-demic' of viruses this winter continues.

[18,000 flu-related deaths in past 2 winters as jab uptake falls](#)

Latest UK Health Security Agency (UKHSA) data shows that over the past 2 winters (October to May, 2022 to 2023 and 2023 to 2024) at least 18,000 deaths were associated with flu, despite last winter being a relatively mild flu season.

[Rise in HIV diagnoses steepest among heterosexual men and women](#)

Latest data from the UK Health Security Agency (UKHSA) also highlights that testing remains lower than before the COVID-19 pandemic.

[Trial to let women use breast diagnostic clinics through NHS App](#)

The Health and Social Care Secretary confirmed the update during a speech at the Royal College of GPs' conference in Liverpool.

[New Government tech deals boost the business of cancer detection](#)

New UK-created therapies for cancer will be trialled in the UK – furthering the nation's life sciences industry as one of the great drivers of economic growth.

[Impact of rising demand on GPs not spread evenly across the country](#)

GPs in the most deprived areas have the biggest caseloads of often the most complex patients.

[UK Mayors Pledge to Stop Junk Food Advertising](#)

Jamie Oliver and nine UK mayors to stop junk-food advertising and prioritise children's health. This is the first time Mayors from across the country have joined forces to protect the health of children.

[Black History Month 2024: Reclaiming a positive narrative about Black people navigating mental health services](#)

The theme of this year's Black History Month (BHM) is reclaiming narratives, and on my mind is how we reclaim a positive narrative about Black people navigating mental health services. A difficult and uncomfortable topic to discuss but honesty is needed to help in finding sustainable solutions. It's a long arduous journey but we are on it and must persevere. It is about exploring our role both individually and collectively in improving equity of access, experience, and outcome.



[Firefighting won't reverse the mental health crisis](#)

Mental health services have been chronically underfunded for years and are struggling to meet rising demand without the resources they need.

[Tackling health inequalities: seven priorities for the NHS](#)

There is a wealth of evidence showing that some groups of people experience significantly poorer health, and significantly worse experiences of health and care services, than others. This is a longstanding injustice that has been further entrenched by the Covid-19 pandemic and cost-of-living crisis. These differences in health experiences and outcomes are avoidable, unfair and systematic, and yet they continue to widen.

[New poll shows nearly a third of all UK adults would not be comfortable sharing a diagnosis with a friend](#)

A new initiative is encouraging more people to rethink their preconceptions and stigma towards people severely affected by mental illness*, as a new poll reveals nearly a third of all UK adults (30%) would not be comfortable sharing a diagnosis of severe mental illness with a friend.

[Professor Sir Chris Whitty acknowledges UK Government had “no plan” for mental health during pandemic](#)

Professor Sir Chris Whitty, Chief Medical Advisor to the UK Government, confirmed today that there was no Government plan to mitigate the mental health impact of the Covid-19 pandemic under questioning by Mind.

[Consultation on NHS England proposals for a phased launch of obesity injection](#)

Proposals for a phased launch of the obesity injection tirzepatide have been set out, as a consultation begins.

[15% of households taking time off work due to mental ill-health](#)

The Royal College of Psychiatrists (RCPsych), Society of Occupational Medicine (SOM) and the Faculty of Occupational Medicine (FOM) are calling on the UK Government and Devolved Governments to address the unprecedented impact that mental illness is having on working-age adults across the country.

[300,000 people leave the workforce and report ill health annually](#)

New analysis shows that each year around 300,000 people aged 16–64 have left the workforce and report having a work-limiting health condition. Once out of the workforce, these individuals are nearly three times less likely to return to employment than those in good health.

[Impact matters in health care](#)

Impact matters in health care. On the face of it, this seems like such an obvious statement. Of course it matters; it's why we do what we do. It's only when we stop to think of human experiences that the word 'impact' is meaningful.