

Healthy Weight

Articles

[‘Cognitive and behavioral weight management strategies during the menopausal transition: Insights from the Menopause and Weight Loss \(ME-WEL\) project’](#),

Leitão, M. et al. (2024) *Maturitas*, 187, p. 108060.
doi:10.1016/j.maturitas.2024.108060.

[‘Associations between presenting weight and premorbid weight and the medical sequelae in hospitalized youth with anorexia nervosa or atypical anorexia nervosa’](#),

Lin, J.A. et al. (2024) *Journal of Pediatric Nursing*, 77, pp. 125–130.
doi:10.1016/j.pedn.2024.03.013.

[‘Understanding weight management in adult secure mental health services: findings from a mixed-methods study in Northern England’](#),

Mills, S. et al. (2024) *The Journal of Forensic Practice*, 26(2), pp. 100–113.
doi:10.1108/JFP-10-2023-0048.

[‘Long-Term Effects of a Primary Weight Gain Prevention Intervention among Healthy Weight Obesity Susceptible Children: Results from the Healthy Start Study’](#),

Olsen, N.J., Larsen, S.C. and Heitmann, B.L. (2024) *Obesity facts*, pp. 1–6.
doi:10.1159/000540005.

[‘Management of obesity in menopause’](#),

Palacios, S. et al. (2024) *Climacteric*, pp. 1–7. doi:10.1080/13697137.2024.2374760.

[‘An Adaptive Behavioral Intervention for Weight Loss Management: A Randomized Clinical Trial’](#),

Spring, B. et al. (2024) *JAMA: Journal of the American Medical Association*, 332(1), pp. 21–30. doi:10.1001/jama.2024.0821.

[‘Weight perception and weight management via information nudges’](#),

Wang, L. et al. (2024) *Journal of Economic Behavior & Organization*, 222, pp. 332–353.
doi:10.1016/j.jebo.2024.04.029.

Systematic Reviews/Meta Analysis

[‘Factors Influencing Weight Management in Pregnant Women with Overweight or Obesity: A Meta-Synthesis of Qualitative Studies’](#),

Banafshe, E. et al. (2024) *Journal of the Academy of Nutrition and Dietetics*, 124(8), pp. 964–994. doi:10.1016/j.jand.2024.04.011.

[‘Which components of behavioral weight management programs are essential for weight loss in people living with obesity? A rapid review of systematic reviews’](#),

Hawkins, L.K. et al. (2024) *Obesity Reviews*, p. 1. doi:10.1111/obr.13798.



[‘Effectiveness of lifestyle intervention on prevention/management of antipsychotic-induced weight gain among persons with severe mental illness: A systematic review and meta-analysis’](#),

Mohanty, K. et al. (2024) Journal of Health Psychology, 29(7), pp. 690–706.
doi:10.1177/13591053241227384.

[‘Weight stigma and health misinformation: A systematic review of research examining correlates associated with viewing The Biggest Loser’](#),

Nutter, S. and Saunders, J.F. (2024) Stigma and Health, 9(3), pp. 337–348.
doi:10.1037/sah0000457.

Proceedings

[Medications and Obesity](#)

Exploring the Landscape and Advancing Comprehensive Care: Proceedings of a Workshop—in Brief (2024)

Report

[Building new health system action to reduce obesity: audit findings of integrated care board forward plans](#)

Future Health, 2024

This report, sponsored by Johnson and Johnson, reveals that obesity is not a priority for 37 of the 42 NHS integrated care boards across England. Only five included obesity or the importance of the population maintaining a healthy weight as part of their top priorities. This is despite obesity rates tripling since 1975, and with two-thirds of the population now overweight or obese.

Access to articles

You may need to login with your [OpenAthens](#) account to view some of the full text links in this bulletin.

LibKey Nomad browser extension gives you fast, one-click access to scholarly articles. Download [Libkey Nomad](#) to your browser to see if these articles are available

If you would like to read any of the articles in this bulletin which do not have links to the full text please request them from the library: academic.library@lscft.nhs.uk

The Gosall Library | Lantern Centre | Vicarage Lane | Preston | PR2 8DW

