

INTERNET SAFETY

New training course for carers to help keep young people safe online

The online safety organisation Internet Matters has launched a new training course for foster carers to protect children from online harm. This free course has been designed to equip foster carers with the skills and confidence to guide children and young people in their care through the digital world.

[Link](#)

WEIGHT MANAGEMENT

New drug for people living with obesity

Thousands of people living with obesity are set to benefit from a new drug which has helped those using it to reduce their weight by more than 10 per cent. NICE has issued draft guidance recommending semaglutide to adults with at least one weight-related condition and a body mass index (BMI) of at least 35 kg/m², and exceptionally, to people with a BMI of 30.0 kg/m² to 34.9 kg/m².

[Link](#)

ALCOHOL

Alcohol misuse and older people: providing support and challenging stigma

Alcohol misuse is a growing problem for older people. Between 2005/6 – 2020/21 there has been an 80% increase in the number of people aged 65 and over seeking treatment for alcohol addiction in England. This article discusses the problem, the signs and symptoms of alcohol misuse and harm reduction.

[Link](#)

OLDER PEOPLE

Free webinar looking at social connections as we age

The Centre for Ageing Better's webinar will explore what needs to be in place to enable everyone to maintain, rebuild or grow social connections as we age.

Wednesday 9 March 2022 10:30-11:30am.

[Link](#)

RESPIRATORY HEALTH

The ongoing battle to address respiratory health in people experiencing homelessness

Last year, WHO warned that the COVID-19 pandemic had "reversed years of global progress in tackling tuberculosis". This article highlights the work of the NHS-funded Find and Treat service (mobile x-rays, vaccinations, blood tests) who have been working on the streets of London to provide care for people experiencing homelessness and other vulnerable adults.

[Link](#)

TRAINING

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