

perfect care
Suicide prevention
crisis research assessment risk self-harm resources
statistics study information



NHS
Mersey Care
NHS Foundation Trust
Community and Mental Health Services
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Please visit <https://www.evidentlybetter.org/bulletins/suicide-prevention/> to view our webpage featuring key links and emerging reports about suicide prevention.

Systematic Review

[Effectiveness, acceptability and potential harms of peer support for self-harm in non-clinical settings: systematic review](#)

The reviewers found a range of benefits of being part of a group with very specific shared experiences. Mitigations for potential risks include organisations using professional facilitators for groups, trigger warnings for online forums, and providing regular supervision and training so that peers are prepared and feel confident to support vulnerable people while maintaining their own emotional health.

Guidance

[DRAFT guidance consultation on self harm: assessment, management and preventing recurrence](#)

This DRAFT NICE guideline covers assessment, management and preventing recurrence for all people who have self-harmed, including those with a mental health problem, neurodevelopmental disorder or a learning disability. It will update NICE CG16 and NICE guideline CG133.

Study

[Why don't people receive a psychosocial assessment in emergency departments after self-harm?](#)

Looks at a recent qualitative study of patient and carer perspectives, which explores the reasons why some patients do not receive a psychosocial assessment in emergency departments following self-harm.

Case Study

[Empowering staff to assess suicide risk in colleagues](#)

Read how University Hospitals of Northamptonshire NHS Group supported their staff who were at serious risk of suicide.

Legislation

[Social media: potential harm to children](#)

Social media platforms can be sources of learning, advice and support for children and young people. However, concern has been expressed about the use of these platforms as conduits for abuse, cyberbullying and content promoting self-harm. The Government's upcoming Online Safety Bill aims to improve safety of children online.

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