

CANCER

Project to raise awareness about prostate and bowel cancers

'Stockport Answer Cancer Outreach' is a project targeting men of African and Caribbean descent living in Stockport and parts of Manchester. They will be running monthly pop up/outreach community engagement workshops from February-May in community spaces.

Fill in the contact form for more information about the project or to become involved.

[Link](#)

SOCIAL PRESCRIBING

Free webinar aimed at those wanting to support people through social prescribing.

Join the Housing Learning & Improvement Network, the National Academy for Social Prescribing and HACT for the next HAPPI Hour webinar 'Social Prescribing: it's a better Prescription' to find out how you can help accelerate housing sector innovation. Tuesday 8 February 4-5:15pm.

[Link](#)

GAMBLING

Resource providing sources of support for gamblers and affected others

The Greater Manchester Combined Authority (GMCA) are working to prevent and reduce the negative impacts of gambling on individuals, families and communities.

[Link](#)

AIR POLLUTION

Health impacts of ambient air pollution

Air pollution remains one of the biggest and most immediate environmental threats to human health; linked to cardiovascular and respiratory disease, cancer, neurological effects, and birth outcomes.

The Lancet Planetary Health publishes a collection of four articles exploring the health impacts of ambient air pollution.

[Link](#)

OLDER PEOPLE

Nutrition and hydration training session

The Greater Manchester Nutrition and Hydration Programme provides support and information to staff and volunteers in health and social care agencies and the community and voluntary sectors.

This free 1½ hour training will help you spot the signs of undernourishment and dehydration, provide information on how to help and give confidence to have conversations about diet and appetite.

[Link](#)

TRAINING

Book your place on the buzz Better Information Programme

Do you want to be better at spotting fake news and misinformation? Do you write health information, or explain to clients, communities and service users about their health? Then this free online training is for you. Find out more and book onto one of our sessions using the link below.

[Link](#)

