





Community and Mental Health Services

7 December 2021

\*\*\*Please visit <a href="https://www.evidentlybetter.org/bulletins/suicide-prevention/">https://www.evidentlybetter.org/bulletins/suicide-prevention/</a> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

#### **Studies**

Harm minimisation for self-harm: mixed-method analysis of electronic health care records finds it can be helpful

Review of a mixed-methods analysis of electronic health records in secondary mental healthcare on harm minimisation for the management of self-harm.

Incidence of suicidality in people with depression over a 10-year period treated by a large UK mental health service provider

This paper describes the incidence of suicidality (2007–2017) in people with depression treated by secondary mental healthcare services at South London and Maudsley NHS Trust (n = 26 412). We estimated yearly incidence of 'suicidal ideation' and 'high risk of suicide' from structured and free-text fields of the Clinical Record Interactive Search system. Electronic health records provide the opportunity to examine suicidality on a large scale, but the impact of service-related changes in the use of structured risk assessment should be considered.

# Report

## The impact of economic disruption on young adults

During the pandemic, financial worries have been a key concern for young adults, who are often on low salaries, have little or no savings and are faced with tough competition for jobs, meaning they have been hit particularly hard by the economic fallout. Samaritans have launched its Impact of Economic Disruption on Young Adults report, based on the findings from the survey of 2,766 young adults and a series of in-depth interviews.

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#### News

<u>Feelings of Ioneliness and isolation on the rise at Christmas, according to Samaritans Ireland</u>

Concerns over loneliness and isolation increase festive season, followed by mental health/illness, family issues and COVID-19.

## Suicides linked to HMRC cash demands in 'loan charge' tax bills

Officials have now said there have been eight cases of suicide by taxpayers facing a charge. HMRC has referred the cases of suicide to the Independent Office for Police Conduct, which oversees certain serious complaints about the conduct of tax inspectors. It comes weeks after more than 200 MPs demanded that HMRC provide a 24-hour suicide prevention helpline for those affected.

## ZSA training endorsed by the Royal College of Nursing

The Zero Suicide Alliance (ZSA) is delighted to announce its <u>suicide</u> <u>awareness training</u> has been officially endorsed by the Royal College of Nursing. The free training has now been officially endorsed by the Royal College of Nursing (RCN), the world's largest nursing union and professional body, and its 465,000 members.

## £5 million launched to support suicide prevention services

- Funding will help these services meet increased demand from the pandemic
- £4 million suicide prevention grant fund will support voluntary, community and social enterprise (VCSE) sector suicide prevention services
- Grant to focus on supporting high-risk groups, including children and young people and those with pre-existing mental health conditions

### Guidance

## Suicide Prevention Fund 2021 to 2022

Applications are open until 16 January 2022 for grants from the £4 million fund to support suicide prevention voluntary, community and social enterprise (VCSE) organisations in 2021 to 2022.

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