





Community and Mental Health Services

1 September 2021

\*\*\*Please visit <a href="https://www.evidentlybetter.org/bulletins/suicide-prevention/">https://www.evidentlybetter.org/bulletins/suicide-prevention/</a> to view our webpage featuring key links and emerging reports about suicide prevention.\*\*\*

# **Publications**

Consensus statement for information sharing and suicide prevention

The consensus statement sets out how and when clinicians should share information about patients, within the legal framework, where this may help prevent suicide.

SHARE: consent, confidentiality and information sharing in mental healthcare and suicide prevention

Guidance from the Zero Suicide Alliance on using DHSC's consensus statement and engaging with patients when discussing confidentiality and consent to share information.

# **Meta-analysis**

Should clinicians be developing a suicide safety plan with their patients?

Summarises a recent meta-analysis examining safety planning-type interventions for suicide prevention.

# **Studies**

Acceptability of psychosocial and psychoeducational group intervention after repeat suicide attempts

Review of a recent mixed-methods study on client acceptability of a psychosocial and psychoeducational group intervention for repeat suicide attempts. The 'Psychosocial/psychoeducation Intervention for recurrent Suicide Attempts' (PISA), or 'Skills for Safer Living' (SfSL).

<u>Suicide rates in the early stages of the COVID-19 pandemic: cross-national data provide no evidence of an increase</u>

Review of a recent study exploring suicide trends in the early months of the COVID-19 pandemic with real-time data from 21 countries.

# **Statistics**

Mortality from leading causes of death by ethnic group, England and Wales: 2012 to 2019

This article presents experimental statistics on ethnic differences in leading causes of death in England and Wales, including data on suicide rates.

### News

<u>Samaritans Scotland welcomes decrease in deaths by suicide but calls for sustained action</u>
Samaritans Scotland is calling for sustained action on suicide prevention following data showing deaths by suicide in Scotland decreased by 3% in 2020.







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## Resources

#### Suicide Prevention Resources for Schools

As students head back to school, the American suicide prevention resource centre has put a range of material together to help put suicide prevention on the agenda:

- Suicide prevention resources related to middle school and high school settings
- Information sheets to help high school teachers and mental health providers prevent suicide
- Resources for teens who may be at risk for suicide
- A toolkit to help middle and high schools respond to a student suicide death
- Prevention strategies for schools during the COVID-19 pandemic
- A six-part webinar series on suicide prevention across the educational continuum

# Conferences

## FREE online Suicide prevention conference Sept 11-12

The purpose of this event is to equip practicing mental health professionals with global best-practice knowledge and skills on suicide prevention, thereby making a tangible reduction on suicide rates. The 2021 Suicide Prevention Summit will be delivered via 10 live webinar sessions on September 11-12, and will continue as an on-demand event (i.e. you can watch recorded versions of the live sessions) until October 10.

#### The Clinician's Suicide Prevention Summit Sept 9 - 10

The Clinician's Suicide Prevention Summit will focus on treatment strategies to inspire hope and save lives. The event is free and you will have access to the recordings for 30 days after the event.

### <u>Suicide Bereavement: Practical Applications – A Digital Conference</u>

Harmless are hosting their second online Suicide Bereavement conference to examine the practical application of working in the field of suicide bereavement, split over 7 live webinars over September 2021, in line with World Suicide Prevention Day. The Theme for this year is: \*Surviving a crisis: How to ensure we keep moving in the direction of effective application\* The programme is designed to help those of us working with anyone impacted by suicide to improve our knowledge, skills and understanding in relation to suicide bereavement. If you cannot attend them all, they will be recorded and available to watch at your own convenience and leisure.