

## HEALTH INEQUALITIES

### **Build Back Fairer in Greater Manchester: Health Equity and Dignified Lives**

The Manchester City Region had a 25% higher COVID-19 death rate than England as a whole in the 13 months to March 2021. This Marmot Review, includes bold and ambitious recommendations on how to reduce health inequities and build back fairer from the COVID-19 pandemic for future generations.

[Link](#)

## PHYSICAL ACTIVITY

### **Physical Activity & Inequalities**

Launched earlier this month, the new physical activity and inequalities online resource is hosted on the Yorkshire and Humber Public Health Network website. It pulls together research and evidence on population groups who are less active because of the inequalities they experience and associated recommendations. It also includes detailed insight on the impact of coronavirus on people's physical activity levels.

[Link](#)

## MEN'S HEALTH

### **Engaging men in Ireland earlier: a guide to service design**

Samaritans Ireland has produced a handbook providing a set of principles for developing upon which wellbeing initiatives for men. By following these principles, wellbeing initiatives are more likely to be effective for men going through tough times before reaching crisis point.

[Link](#)

## NUTRITION

### **Introducing a total online advertising restriction for products high in fat, sugar and salt (HFSS)**

The government has announced new regulations that will come into force at the end of next year. The rules will introduce a 9pm watershed for advertisements of foods high in fat, salt and sugar (HFSS). These restrictions will help protect children from developing long-term unhealthy eating habits and improve the nation's health.

[Link](#)

## COVID-19

### **JCVI issues interim advice on COVID-19 booster vaccination**

The Joint Committee on Vaccination and Immunisation (JCVI) has been asked to consider the options for a potential coronavirus (COVID-19) booster programme. The JCVI's interim advice is that any potential COVID-19 booster programme should be offered in 2 stages from September, starting with those most at risk from serious disease.

[Link](#)

## LONELINESS AND ISOLATION

### **HEE launches virtual training for NHS on loneliness and social isolation**

Staff across the NHS and care sectors can now access a range of evidence-based interventions and information on how to refer or signpost people who may be at risk of loneliness and social isolation.

[Link](#)

