

# Learning Disabilities

Nov 2020a

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## **COVID-19**

[Keeping safe from Coronavirus for adults who have Down Syndrome](#) Chief Medical Officers from across the UK have said that adults who have Down's syndrome are to be added to the group of people who are classed as clinically extremely vulnerable. This means that they have been classed as at higher risk for coronavirus.

[Coronavirus \(COVID-19\): looking after people who lack mental capacity](#) (updated) Guidance for health and social care staff who are caring for, or treating, a person who lacks the relevant mental capacity.

[COVID-19: supporting adults with learning disabilities and autistic adults](#) (updated) Guidance for care staff who are supporting adults with learning disabilities and autistic adults during the coronavirus (COVID-19) outbreak.

[COVID-19: providing unpaid care to adults with learning disabilities and autistic adults](#) (updated) Guidance for people who are providing unpaid care to adults with learning disabilities and autistic adults during the coronavirus (COVID-19) outbreak.

[COVID-19: guidance for supported living](#) (updated)

[The impact of Covid-19 on people's mental health](#) (Easy read)

## **Publication**

[Flu vaccination: easy-read flu vaccination resources](#) These resources are aimed at people who have, or care for someone with, a learning disability. They provide advice on:

- the flu virus and why you need a vaccine every year
- signs of flu
- flu jabs and where to get one

## **News**

[Some autistic people report poor quality of life, but many do not](#) Autistic people often report having a lower quality of life than non-autistic people do, a trend driven in part by social isolation and a diminished belief in their own capabilities, according to a study published earlier this year. New work suggests that anxiety and depression, not autism traits, explain why many autistic people score lower than non-autistic people across various measures of quality of life. It also shows that this gap closes for some autistic adults and children within specific areas, including physical health, leisure activities and school achievement.

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## Legislation and Guidance

[Mental Capacity \(Amendment\) Act 2019: Liberty Protection Safeguards \(LPS\)](#)

Legislation and guidance on the Liberty Protection Safeguards (LPS) and the latest information on progress towards their implementation.